

CALENDARIO CORSI



LUN	MAR	MER	GIO	VEN	
 Jump 11:00 18:00	 TRX 09:00 19:10	 Matwork 09:00 18:30	 Bodyfly 09:30 18:00	 Matwork 09:00	 Stretching 13:00
 TRX 13:00	 Bosu Funz 09:00	 Bosu 13:00 18:00	 Circuito 13:00 18:00 19:10	 DIT 17:50	 TRX 18:30
 Matwork 18:00	 Matwork 13:00 18:00	 Jump 19:10	 Matwork 13:00 19:05	SAB	
 Stretching 19:00	 Stretching 18:00				
 Circuito 19:10					

Prova gratuita per i nostri corsi



Laura
347 8719662

Boris
349 7160415